



# Protect Your Health

## WHACK a Virus



**W**ash your hands often.

**H**ome is where you stay when you are sick.

**A**void touching your eyes, nose, and mouth.

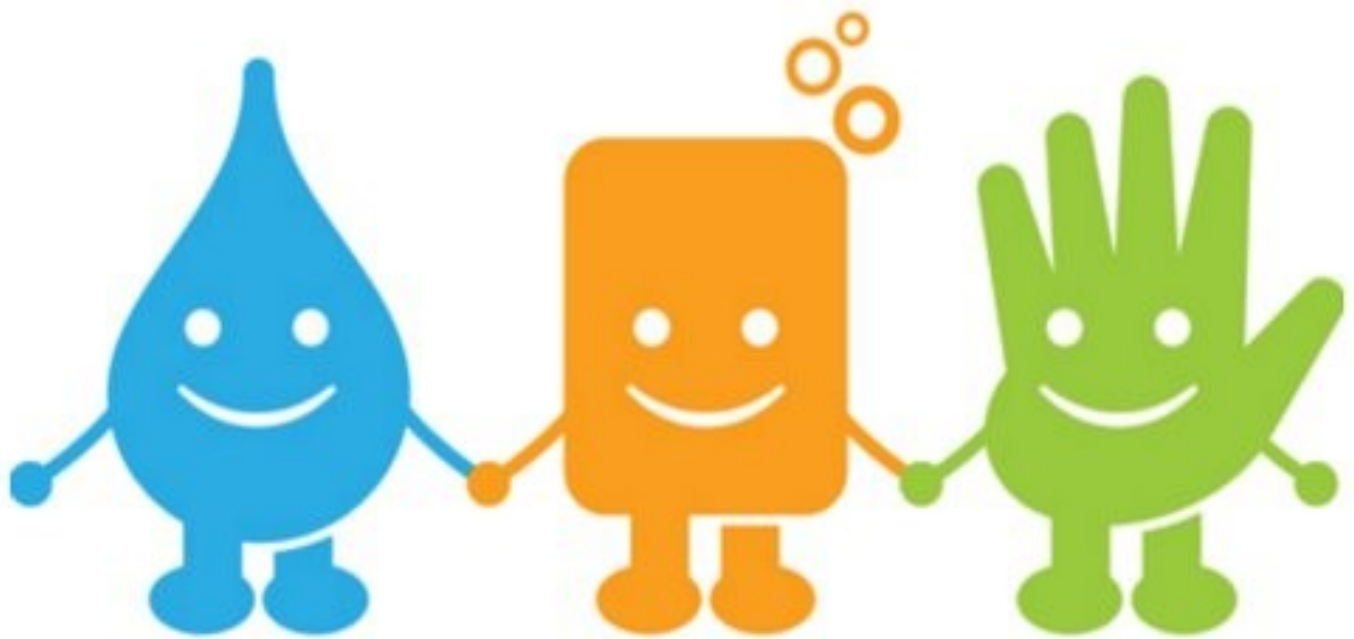
**C**over your coughs and sneezes.

**K**ee your distance from people who are coughing or sneezing.



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# Did you wash your hands?



Hand washing stops the spread of germs!



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